**VOLUNTEER WITH US**

We fulfil our vision of **‘Making More Time For Older People’** by providing opportunities for local people to use their skills, knowledge and experience through volunteering.

A volunteer is anyone who freely chooses to undertake work for us through the giving of their time, skills and experience without financial remuneration beyond the reimbursement of out of pocket expenses. It is undertaken by choice and is unpaid.

Without the contribution of volunteers, we would only be able to achieve a small percentage of our work with and for older people, as volunteers who reflect the diversity of their communities, local people bring a different perspective to that of professional paid staff, which adds value to our work.

Ourvolunteers role include but are not exclusive to the following:

* Board member
* Help with the delivery of our service, e.g. companion, events and activities help, gardening, help at meal times, administration
* Help with fundraising to support our work

We believe that our relationship with volunteers is one of mutual responsibility, respect and expectations. We aim to ensure that volunteers enjoy their involvement with us and gain from it in terms of their own personal objectives.